

A decorative border with a repeating pattern of stylized green leaves and branches surrounds the central text area.

CULTURALLY RESPONSIVE CARE  
FOR  
BLACK MOTHERS

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## Healthcare Provider's Stereotyping Assumptions About Culture

- “I’ve had both positive and negative experiences. I know the negative one was based on race. When my primary care physician discovered I had diabetes he said, “I need to write this prescription for these pills, but you’ll never take them and you’ll come back and tell me you’re still eating pig’s feet... Then why do I still need to write this prescription.

And I’m like, “I don’t eat pig’s feet.”

(African American participant)

## Healthcare Provider's Lack of R-E-S-P-E-C-T

- “I felt because of my race that I wasn’t serviced as well as a Caucasian person was. The attitude that you would get. The attitude made me feel like I was less important. I could come to the desk and they would be real nonchalant and someone Caucasian would come behind me and they’d be like, “Hi, how was your day?”

(African American participant)

## Healthcare Provider's Improper Diagnosis or Treatment

- “Being in a group practice seeing predominantly African American patients, I have patients who have seen mainly white physicians in the past. When they come to see us, something as benign as asking them to sit on the exam table elicits the question, “What are you going to do?”

“I’m going to examine you.” “Oh, my other doctor never did that.”

(African American physician)

# Culturally Responsive Care

- Meditative Moments
- Greeting/Smiling
- Lean-In and Listen
- Be a Calm, Clear Communicator

