

Baby Friendly Hospital Training For Providers

3 hours of online training for MDs, CNMs, NPs



Course Outline

- I. Risks of not breastfeeding/benefits of breastfeeding
 - a. Benefits for Mothers
 - b. Maternal risks of not breastfeeding
 - c. Infant Risks of Not Breastfeeding
 - d. Preterm Infants Excess Risk
 - e. Economic Benefits
- II. Anatomy and physiology of lactation
- III. Composition of breast milk
- IV. Infant Conditions
- V. Late preterm infant
- VI. Community Resources
- VII. Maternal Conditions
- VIII. Medications During Lactation
- IX. Supplementation
- X. Follow-up and long term breastfeeding
 - a. AAP and WHO guidelines
 - b. Introduction of solids
 - c. Barriers for continued nursing
 - d. Support Groups
 - e. Importance of spouse or partner
- XI. CASE STUDIES

www.FirstLatch.net

For more information email: BFHI@lactationtraining.com

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