

5 THINGS TO KNOW ABOUT THE NEW CORONAVIRUS (COVID-19) AND PREGNANCY



1 During pregnancy, your immune system isn't as quick to respond to illnesses. This may increase your risk of getting sick with viruses, like **COVID-19**.



2 Spread of **COVID-19** occurs mainly when a person infected with the virus coughs or sneezes. To protect yourself from the virus, take these steps:

- **Wash your hands regularly with soap and water**
- **Limit or avoid contact with people who are sick**
- **Clean and disinfect objects you touch regularly**
- **Try not to touch your eyes, nose or mouth**



3 If you have any of these symptoms, call your health care provider right away:

- **Fever**
- **Cough**
- **Shortness of breath**



4 It's not yet known if **COVID-19** can increase the risk of having problems like preterm birth or pregnancy loss.



5 So far, babies born to moms with **COVID-19** have not tested positive for it. The virus has not been detected in amniotic fluid or breastmilk.