5 THINGS TO KNOW ABOUT THE NEW CORONAVIRUS (COVID-19) AND PREGNANCY

1. During pregnancy, your immune system isn’t as quick to respond to illnesses. This may increase your risk of getting sick with viruses, like COVID-19.

2. Spread of COVID-19 occurs mainly when a person infected with the virus coughs or sneezes. To protect yourself from the virus, take these steps:
   - Wash your hands regularly with soap and water
   - Limit or avoid contact with people who are sick
   - Clean and disinfect objects you touch regularly
   - Try not to touch your eyes, nose or mouth

3. If you have any of these symptoms, call your health care provider right away:
   - Fever
   - Cough
   - Shortness of breath

4. It’s not yet known if COVID-19 can increase the risk of having problems like preterm birth or pregnancy loss.

5. So far, babies born to moms with COVID-19 have not tested positive for it. The virus has not been detected in amniotic fluid or breastmilk.