



Perinatal Advisory Council:  
Leadership, Advocacy and Consultation



# Quality of Life for Families XXIII:

## Improving Care for Patients Across Generation and Cultures

The California Endowment  
Center for Healthy Communities  
1000 N. Alameda St.  
Los Angeles, CA 90012

# June 13, 2019

Register Online at

[www.paclac2019.eventbrite.com](http://www.paclac2019.eventbrite.com)

[www.paclac.org](http://www.paclac.org)

## About PAC/LAC

The Perinatal Advisory Council: Leadership, Advocacy and Consultation (PAC/LAC) has been a leading maternal and child health organization since its incorporation as a non-profit agency in 1981. PAC/LAC's mission is to improve perinatal health outcomes by providing leadership, education, and support to professionals and systems caring for women and their families. Children's health and well-being start with a healthy pregnancy and the events that occur during an infant's first few hours of life. PAC/LAC strives to make those first health experiences the best by ensuring that pregnant women, babies, and families are cared for by the most competent professionals in well-equipped health care settings. PAC/LAC has a long-standing reputation of excellence in the community for our work with hospitals and health care professionals.

### As a continued supporter of PAC/LAC, you will gain access to:

- a broad-spectrum of individuals and organizations in the maternal child health community including healthcare professionals, hospitals, community-based organizations, health clinics, health plans and public health organizations.
- cutting-edge research and information regarding perinatal care.
- on-demand, customized expert consultation, advice and resources on all topics related to perinatal care, hospital practices, policies & procedures.
- education and networking plus access to the leaders who are making a difference in perinatal care.

# Objectives

Upon completion of this conference, participants will be able to:

- Identify the State Initiative takeaways to reduce prematurity and adverse pregnancy outcomes of the African American Women.
- Describe the various features Nitrous Oxide can provide a woman during the birthing process to include: be an alternative method of comfort, uses in procedures such as external cephalic version, intracervical balloons, as well as Foley bulbs for cervical ripening; manual removal of placenta and laceration repair.
- Identify the current scientific knowledge on prenatal cannabis use and utilize this information to improve the dissemination of scientific knowledge transfer.
- Explain data snapshots that guides and informs the call-to-action. How change fatigue impacts care, and how expanding your cultural humility tool box can be put into practice.
- Assess the value of incorporating simulation to develop and implement innovative training strategies that act as a catalyst for health care providers to make individual, team and system changes.
- Explain the importance of mental health screening during the post partum period as Angelina Spicer shares her personal journey. "There is no health without mental health screening."
- Describe the role of birth doulas and the impact of doulas and non-labored clinical support in clinical outcomes.

## CONFERENCE AGENDA

**7:30am Registration and Breakfast**

**7:55am Opening Remarks**

*Catherine Ekwa-Ekoko, MD  
PAC/LAC Board President*

**8:05am State Initiatives to Close the Black: White Infant Mortality Rate.**

*Keynote Speaker  
Leslie Kowalewski  
Division Chief, Maternal Child Health*

**9:00am "Gas and Air"; The Utility of Nitrous Oxide in Childbirth**

*Michelle Collins, PhD, CNM, FACNM, FAAN*

**10:00am Break and Exhibits**

**10:15am Cannabis Education and Information Campaign**

*Martha E. Dominguez, MA, MPH, Ph.D., CLC*

**11:15am Making It Real: Data and Life Stories on Black Maternal and Infant Health**

*Wenonah Valentine, MBA*

**12:15am Lunch**

**12:45pm Poster Session and Exhibits**

**1:00pm Award Presentations**

**1:10pm Successful Reduction of Maternal Mortality and Morbidity, Utilizing Simulation**

*Patricia (Frances) Lirio, MSN, RNC-OB, Jeff Mackenzie, BSN, RN, & Josephine Dutton, RN  
Pomona Valley Hospital Simulation Team*

**2:10pm Break**

**2:25pm Postpartum Depression: A Personal Journey**

*Angelina Spicer, Comedian, Influencer, Activist*

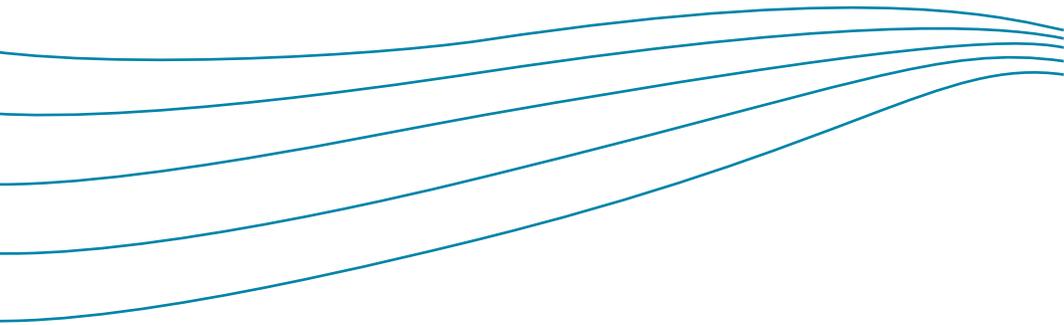
**3:25pm UCSD Medical Center's Volunteer Doula Program: The Role of Hospital-based Doulas in Improving Maternal and Neonatal Health Outcomes**

*Ann Fulcher, CD(DONA), CLE*

**4:15pm Certificates, Closing and Door Prizes**

## About the Conference

This event allows for the important dissemination of new and emerging clinical practice standards as well as an opportunity to discuss health-related issues affecting the perinatal community. This one-day conference will occur on June 13, 2019 and will address many of the most pressing perinatal issues in the healthcare community focusing on current neonatal and obstetrical topics. The program is designed for perinatal nurses, pediatricians, obstetricians, neonatologists, hospital administrators, social workers, health educators, and other professionals responsible for the care of mothers and/or newborns. Topics presented will explore areas of rapid change and significant influence on the practice of perinatal and neonatal care, with an emphasis on optimizing outcomes for mother and infant.



## Conference Fees:

Registration fees include: breakfast, lunch, snacks, CEUs, CMEs, CHES, LCSW and LMFT. Registration fee is refundable if cancellation is received by June 6, 2019. No refunds will be granted after that time.

- Early Bird (Register before May 24)  \$95.00
- Regular Registration  \$100.00
- Group Rate (Groups of 4+)  \$80/Person
- WB and HHV Staff Only  \$70
- Walk-in Registration  \$110
- Student Discount  \$50
- Abstract Presenter  \$50

If paying by check please remit check with completed registration form payable to:

**PAC/LAC**  
1010 North Central Ave.  
Glendale, California 91202

## Faculty

### **Leslie Kowalewski, Chief**

Maternal, Child and Adolescent  
Health Division

### **Michelle Collins PhD, CNM, FACNM, FAAN**

Professor, Associate Dean for Academic Affairs  
Rush University College of Nursing, Chicago, IL

### **Wenonah Valentine, MBA**

Founder in Residence  
iDREAM for Racial Health Equity

### **Ann Fulcher, CD(DONA), CLE**

Program Manager  
UCSD Hearts & Hands Volunteer Doula Program

### **Martha E. Dominguez, MA, MPH, Ph.D., CLC**

Health Program Manager III  
Health Communication and Social Marketing  
California Department of Public Health

### **Angelina Spicer**

Comedian, Influencer, Activist

### **Patricia (Frances) Lirio, MSN, RNC-OB**

Clinical Supervisor for Perinatal Safety  
Pomona Valley Hospital Medical Center

### **Jeff Mackenzie, BSN, RN**

Clinical Simulation, Education Department  
Pomona Valley Hospital Medical Center

### **Josephine Dutton, RN**

Clinical Nurse Supervisor for LDRP  
Pomona Valley Hospital Medical Center

## Transportation

### **Parking:**

Free conference parking is offered during conference hours  
behind the California Endowment.

### **Metro:**

Take the metro to Union Station. The conference center is located a block to the  
right as you exit Union Station.



For accommodations email [info@paclac.org](mailto:info@paclac.org)  
A minimum of ten (15) working days in advance.

# Continuing Education

## Physicians:

This activity has been planned and implemented in accordance with the Institute for Medical Quality/California Medical Association's CME Accreditation Standards through the Perinatal Advisory Council: Leadership, Advocacy and Consultation (PAC/LAC). PAC/LAC is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing education for physicians. PAC/LAC designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

## Nurses:

The Perinatal Advisory Council – Leadership, Advocacy and Consultation (PAC/LAC) is an approved provider by the California Board of Registered Nursing Provider CEP 5862. This course is approved for 8.0 contact hours of continuing education credit.

## LCSW & LMFT:

PAC/LAC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSW and LMFT. PAC/LAC maintains responsibility for this program/course and its content. This course is approved for 3.5 continuing education units. PAC/LAC's provider number is 128542.

## CHES:

This activity is sponsored by the Perinatal Advisory Council: Leadership, Advocacy, and Consultation (PAC/LAC), a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designed for Certified Health Education Specialists (CHES) to receive up to 3.5 total Category 1 continuing education contact hours.

## Certificate Policy:

After completion of the course evaluation, you will be provided with a continuing education certificate. Make sure to save your certificate. PAC/LAC will assist you with finding your certificate for up to 1 year from the event without cost. For assistance with any certificates older than 1 year from the time of the event, PAC/LAC charges \$20 for the first certificate, and \$15 for each additional certificate requested each calendar year. A \$10 processing fee will be added to requests needing fulfillment within 24 hours.

## DISCLAIMERS:

Final number of continuing education credits maybe changed based on speakers objectives. PAC/LAC reserves the right to amend speakers, topics and scheduling at any time.

Co-sponsored by First 5 LA:



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**LABioMed**  
Los Angeles  
Biomedical  
Research Institute  
at Harbor-UCLA Medical Center



Any grievances may be made to [info@paclac.org](mailto:info@paclac.org)

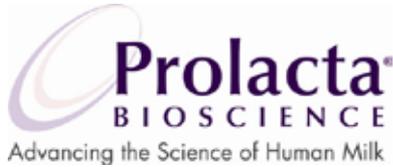
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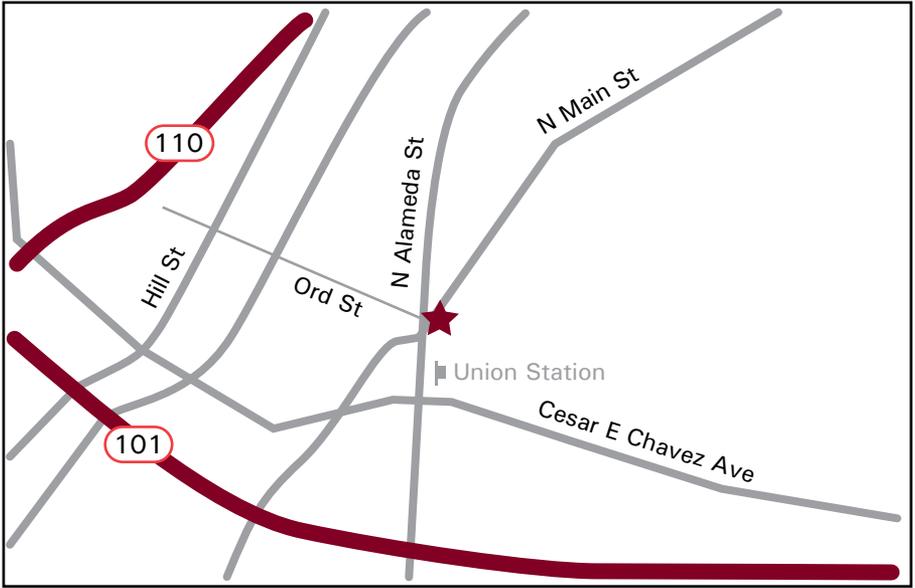


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## The California Endowment

1000 N Alameda St., Los Angeles, CA 90012

Conveniently located adjacent to Union Station

Location is fully ADA accessible.



1010 N Central Avenue,

Glendale, CA 91202

818.708.2850 [info@paclac.org](mailto:info@paclac.org)

[www.paclac.org](http://www.paclac.org)